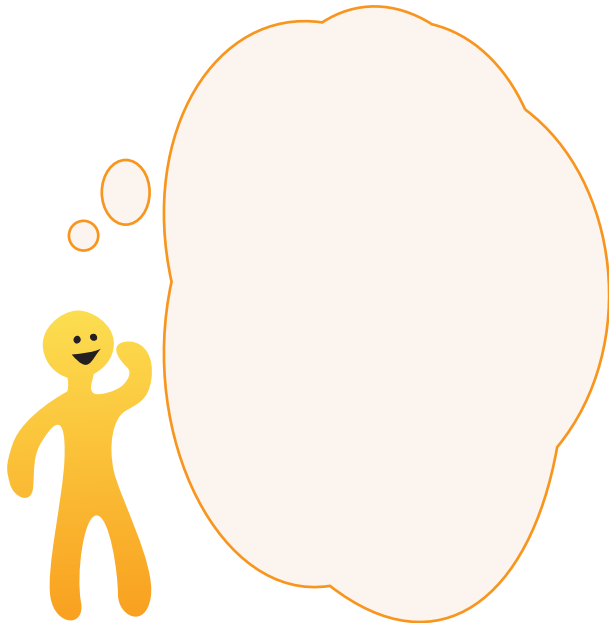


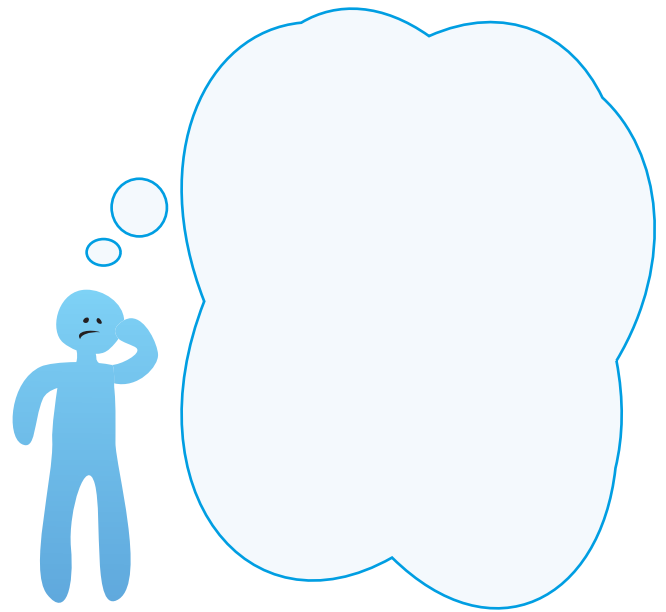


Decisional Balance

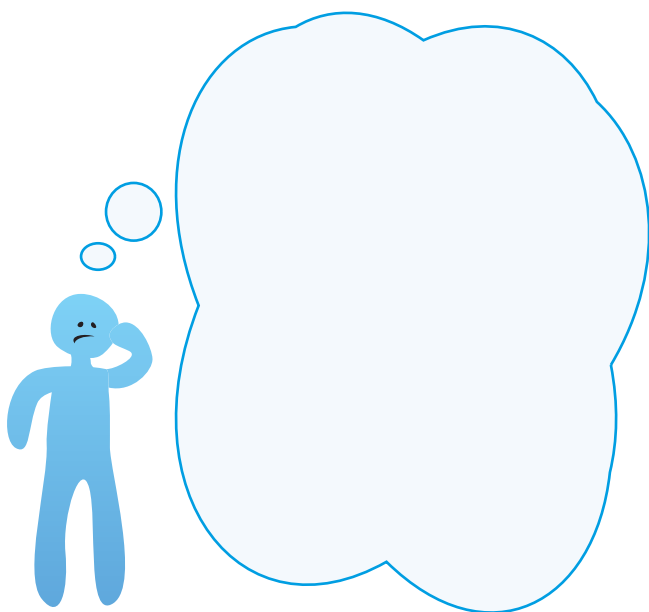
What I like about smoking is...



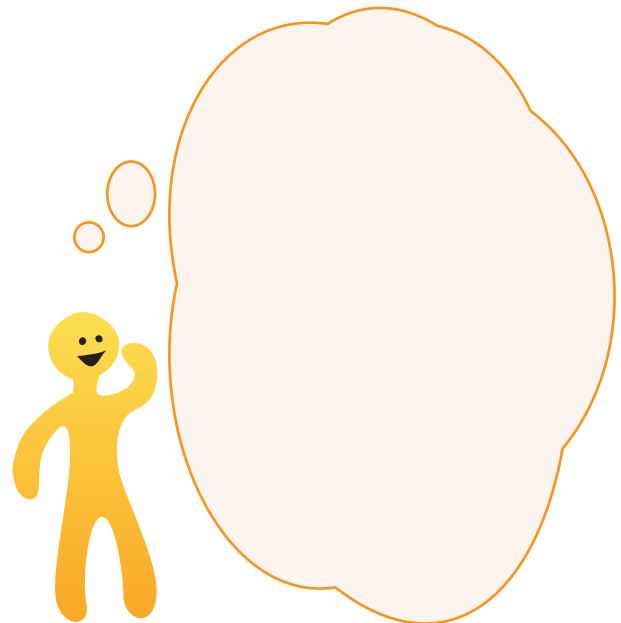
What worries me about smoking is...



What worries me about quitting is...



The good things about quitting are...



What I will try is